



WINGS

AND A

PRAYER

PRAYING CARDS

WINGS AND A PRAYER

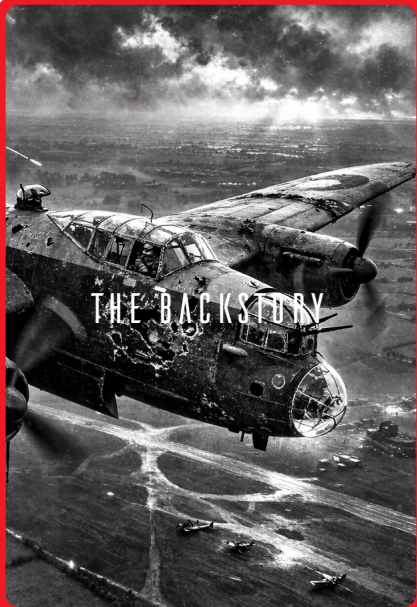
In Luke 11:1 we hear the disciples ask Jesus the question, "Lord, teach us to pray".

With some chicken wings and the conviction that praying through Scripture is what we need more of these days, you can host an event where prayer takes flight.

Each Praying Card contains hand picked verses and prayer prompts to ensure a Scriptural foundation for your night.

And while a plate of chicken wings may be the initial draw, as the night unfolds, as each prayer is offered, something truly special takes place. Minutes turn to hours. A deep sense of camaraderie forms while fighting on the battlefield of prayer together.

Hearts are united in the beauty of Christ, the abundant blessings that are ours in Christ Jesus, and His all sufficient grace that supplies for every need.



THE BACKSTORY

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The song, "Coming in on a Wing and a Prayer" was written in 1943 by Harold Adamson and Jimmy McHugh during World War II. It was inspired by real accounts of Allied bombers that returned from missions over Europe so badly damaged they were barely able to stay airborne.

Crews would limp home with engines failing, wings torn, and fuselages riddled with holes – surviving, as the phrase suggests, on "a wing and a prayer."

This is the inspiration for our Prayer Cards, with the acknowledgment that we cannot stay airborne, let alone make it "home", without the mighty hand of God in our lives. We are deeply dependent on Him, and prayer as our lifeline to that need.



INSTRUCTIONS

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1. Serve and enjoy wings prior to prayer
2. For large groups, break off into small prayer circles of 8-12 people
3. Shuffle the verse cards and distribute
4. Allow for a moment of reflection for everyone to consider their verse
5. Encourage everyone to lookup their verse in the Bible for more context
6. Each card comes with prompts for praying with Adoration, Confession, Thanksgiving, and Supplication as the fourfold response to the verse (A.C.T.S.)
7. Before each prayer read the verse aloud
8. Pray through the verse with Adoration, Confession, Thanksgiving, and Supplication as the focus of the prayer
9. As time permits, reshuffle and redistribute the cards for another round
10. Alternatively, pray around the circle in four rounds: one round each for Adoration, Confession, Thanksgiving, and Supplication



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ADORATION

This is to lift your heart to God in deep love, worship, and reverence simply for who He is.

It focuses not on asking for anything but on praising His character—His holiness, power, goodness, and majesty.

Adoration is a posture of awe that honors God above all else and aligns the heart to delight in Him.

PRAYER

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CONFESSION

This is to acknowledge the ways you fall short of the glory of God, with a humble and repentant heart. It involves agreeing with God about what is wrong, taking responsibility, and seeking the forgiveness only found in Jesus' sacrifice. Pray with a sensitivity to the social setting, as not all confessions are suitable for large groups.

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THANKSGIVING

This is to express gratitude to God for His blessings, His presence, and His work in your life and in the lives of others. It recognizes His goodness and faithfulness, turning the heart toward joy and trust.



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SUPPLICATION

This is to humbly and earnestly ask God for help or mercy for yourself and others. It shows dependence on Him and a sincere desire for His intervention. It is a heartfelt plea that submits to His will.

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2 TIMOTHY 1:7^{ESV}

For God gave us a spirit not of fear but of power and love and self-control.



ADORATION

for God's mighty power, love, and sovereign control.



CONFESSION

for weakness, fear, and lack of self-control.



THANKSGIVING

for the gift of love, power, and self-control.



SUPPLICATION

for a greater spirit of power, love and self-control.



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1 PETER 5:6-7 ESV

Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you.



ADORATION

for God's mighty hand and great love that cares for you.



CONFESSION

for the pride and anxiety that can fill our hearts.



THANKSGIVING

for the loving care of Jesus as our Wonderful Counselor.



SUPPLICATION

for greater humility & trust in the midst of life's challenges.



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PSALM 31:24 ESV

Be strong, and let your heart take courage,
all you who wait for the Lord!



ADORATION

for God's perfect timing and
His strength in salvation.



CONFESSION

for our impatience and
criticism of God's timing.



THANKSGIVING

for the courage that God
provides to those who wait.



SUPPLICATION

for patience & an immovable
confidence in God.



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2 CORINTHIANS 12:9 ESV

"My grace is sufficient for you, for my power is made perfect in weakness."

Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.



ADORATION

for God's sovereign power made perfect in weakness.



CONFESSION

for living according to our own insignificant strength.



THANKSGIVING

for God's sufficient grace through the power of Christ.



SUPPLICATION

for faith and trust in the midst of our weakness.



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ISAIAH 41:10 ESV

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."



ADORATION

for God's infinite power and omnipotence.



CONFESSION

for our fears and false sense of God's abandonment.



THANKSGIVING

for God's righteous right hand (who is Jesus) that helps.



SUPPLICATION

for awareness of God's upholding work in our lives.



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PSALMS 27:1 NIV

The Lord is my light and my salvation –
whom shall I fear? The Lord is the stronghold
of my life – of whom shall I be afraid?



ADORATION

for the stronghold salvation of
God in Christ Jesus.



CONFESSION

for those areas in my life
where I am afraid.



THANKSGIVING

for the light and salvation that
God provides in Christ Jesus.



SUPPLICATION

for those who do not have
the light of God's salvation.



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PSALMS 91:1 NIV

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.



ADORATION

for the attributes of the Most High and Almighty God.



CONFESSION

for not taking refuge in the Most High in the storms.



THANKSGIVING

for the rest that is found in the shadow of the Almighty.



SUPPLICATION

for a greater awareness of God's might in the storm.



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1 CORINTHIANS 15:58 NIV

Therefore, my dear brothers and sisters,
stand firm. Let nothing move you.

Always give yourselves fully to the work of
the Lord, because you know that your labor
in the Lord is not in vain.



ADORATION

for God's Sovereignty where
no labour goes wasted.



CONFESSION

for being discouraged or even
abandoning the labour.



THANKSGIVING

for the work of the Lord that
we are called to.



SUPPLICATION

for more of your involvement
in the Lord's work.



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ISAIAH 43:2 NIV

When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.



ADORATION

for God's wisdom & purposes in the waters & fires of life.



CONFESSION

for the paralysis that refuses to walk through waters or fires.



THANKSGIVING

for the guiding and protecting presence of God.



SUPPLICATION

for the faith to walk through the waters and the fires.



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PSALM 55:22 NIV

Cast your cares on the LORD and He will sustain you; He will never let the righteous be shaken.



ADORATION

for God's wisdom & purposes in the waters & fires of life.



CONFESSION

for the paralysis that refuses to walk through waters or fires.



THANKSGIVING

for the guiding and protecting presence of God.



SUPPLICATION

for the faith to walk through the waters and the fires.



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2 CORINTHIANS 1:3-4 ESV

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.



ADORATION

for being a God of mercy and comfort.



CONFESSION

for seeking comfort in illegitimate places.



THANKSGIVING

for the comfort of God's mercies in Christ Jesus.



SUPPLICATION

for those who are afflicted that we may be a comfort.



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2 CORINTHIANS 4:16-17^{ESV}

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison.



ADORATION

for the daily renewing power of God in our lives.



CONFESSION

for losing heart and focusing on outward afflictions.



THANKSGIVING

for the eternal weight of glory that is being prepared for us.



SUPPLICATION

for perseverance in the midst of the outward wasting.



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PHILIPPIANS 4:6-7 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



ADORATION

for God's omniscience and omnipotence.



CONFESSION

for being anxious and not praying/asking God for help.



THANKSGIVING

for God's listening "ear" and concern with every situation.



SUPPLICATION

for this peace that guards our hearts and minds.



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ISAIAH 26:3 ESV

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.



ADORATION

for a God who is faithful and trustworthy.



CONFESSION

for when my mind has not stayed on Him.



THANKSGIVING

for God's trustworthiness and the perfect peace He gives.



SUPPLICATION

for a mind that is stayed on Christ in faith.



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COLOSSIANS 3:15 ESV

And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.



ADORATION

for Christ as King and ruler.



CONFESSION

for when you do not let Christ rule resulting in disobedience.



THANKSGIVING

for the peace with God that comes through Christ Jesus.



SUPPLICATION

for submission to the rule of Christ in your heart.



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EXODUS 15:2 ESV

The Lord is my strength and my song,
and he has become my salvation;
this is my God, and I will praise him,
my father's God, and I will exalt him.



ADORATION

for the omnipotent One,
strong and mighty to save.



CONFESSION

for when your song is not the
strength of the Lord.



THANKSGIVING

for the strength of salvation
that the Lord freely offers.



SUPPLICATION

for strength to sing even in
times of weakness.



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PSALM 34:4-8 ESV

I sought the LORD, and He answered me
and delivered me from all my fears.

Those who look to Him are radiant, and their
faces shall never be ashamed. Oh, taste and
see that the LORD is good! Blessed is the
man who takes refuge in Him!



ADORATION

for the Deliverer, Jesus Christ
who is the answer to all fears.



CONFESSION

for when I do not seek the
Lord in times of trouble.



THANKSGIVING

for His answers, deliverance,
and sweet tasting goodness.



SUPPLICATION

for trusting patience in the
midst of your fears.



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MATTHEW 6:31-34 ESV

But seek first His kingdom and His righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."



ADORATION

for God's omniscient love.



CONFESSION

for ways you have not sought His kingdom first, or at all.



THANKSGIVING

for His knowledge, care, and provision for your needs.



SUPPLICATION

for a heart that seeks His kingdom & His righteousness.



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JOHN 16:33 ESV

"I've said these things to you so that you will have peace in me. In the world you have distress. But be encouraged! I have conquered the world."



ADORATION

for the conquering victory of the Lord Jesus Christ.



CONFESSION

for the distress of this world that discourages and distracts.



THANKSGIVING

for the encouraging peace that Jesus offers in Himself.



SUPPLICATION

for the peace of Christ despite distress & discouragement.



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1 JOHN 1:7 NIV

But if we walk in the light, as He is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.



ADORATION

for the pure unapproachable light of His holiness.



CONFESSION

for not walking in the purifying light of Jesus' blood.



THANKSGIVING

for the blood of Jesus that purifies from all sin.



SUPPLICATION

for the fellowship that comes by walking in the light.



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REVELATION 12:11 NIV

They triumphed... by the blood of the Lamb
and by the word of their testimony;
they did not love their lives so much
as to shrink from death.



ADORATION

for the Lamb who is worthy of
our worship & even our lives.



CONFESSION

for not speaking words of
testimony about the Lamb.



THANKSGIVING

for the blood of the Lamb
that is your triumph.



SUPPLICATION

for opportunity to testify
before unbelievers.



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LEVITICUS 20:26 NIV

You are to be holy to me because I, the LORD, am holy, and I have set you apart from the nations to be my own.



ADORATION

for the thrice "Holy, Holy, Holy, Lord God Almighty."



CONFESSION

for that which makes us no different than the world.



THANKSGIVING

for being set apart from the world in holiness.



SUPPLICATION

for a life that lives out the holiness you are called to.



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